Protocol for Healing Touch
For Energy Partners Program

Purpose: To provide guidelines for usage of HT techniques with individuals with cancer.
Based upon guidelines from Janet Mentgen, RN, BSN, CHTP, CHTI, HNC

I. General Session Guidelines
   A. General Principles
      As a Healing Touch Provider, whenever working with a person with any form of cancer, recall that cancer entails a 4th and 1st chakra dysfunction and is an autoimmune disease. This means that the entire body is affected by the disease as well as the local site of the cancer. The basic approach is to use a full body technique, such as:
         Chakra Connection (Level 1)
         Magnetic Clearing (Level 1)
         Basic Healing Touch Sequence (Level 1)
         Chelation (Level 3)
         Full Body Connection (Level 4)

      Additional, more specific full body interventions include:
         Chakra Spread (Level 1)
         Mind Clearing (Level 1)
         Etheric Template Clearing (Level 3)
         Lymphatic Drain (Level 3)
         Spiral Meditation (Level 2)

   Followed by more specific, localized techniques:
      Pain Drain (Level 1)
      Ultrasound (Level 1)
      Laser (Level 1)
      Wound Sealing (Level 1)
      Hands in Motion (Level 1)
      Hands Still (Level 1)

(Note: Refer to HT materials for purpose and description of each technique.)

   A. General session plan includes:
      (Healing Beyond Borders)                  (Healing Touch Program)
      1. Intake                                  1. Intake / update
      3. Pre-treatment Energetic Assessment     3. Pre-treatment Energetic Assessment
      4. Intervention                            4. Health issues
      5. Post treatment Energetic Assessment    5. Mutual goals
      11. Documentation                         11. Documentation
B. Client education may include:
   1. Teaching client techniques such as Pain Drain, Ultrasound, Hands in Motion, and Self Chakra Connection to control pain and secondary symptoms.
   2. Teaching relaxation techniques such as meditation or guided imagery
   3. Teaching and encouraging self-care

II. Focus upon wholeness
   A. Healing Touch Provider
      1. Envision your client as whole and well when using imagery
      2. Focus upon the entire person: body, emotions, mind and spirit

B. Client Awareness
   These are possible subjects that may arise with your client. Be prepared to give referrals to help in dealing with some of these issues:
   1. Support in informing their doctor about their choices for utilizing complementary care.
   2. Ask nurse/doctors for help with post anesthesia symptoms
   3. Use of distance healing, prayer support, etc. during any procedure or surgery
   4. Use of other complementary modalities such as aromatherapy, massage, herbal supplements, guided imagery, etc.
   5. Allowing time for grieving and healing.
   6. How to receive positive support, addressing fears from self and others.
   7. How to deal with reactions from close family members
   8. Self image issues
   9. Using HT to assist in dealing with pre-operative anxiety

III. Pre-operative and Pre-procedure
   A. Use a full body technique to assist the client in entering the procedure in an optimum state of energetic balance.
   B. Begin session as soon as the problem is identified.
   C. Teach self care and comfort techniques as soon as possible.
   D. Teach a willing family member or close friend to help.

IV. Post-operative and Post-procedure
   A. Use a full body technique (e.g. Full Body Connection or Chakra Spread)
   B. Magnetic Clearing is a full body technique that removes any chemical waste products such as anesthesia. If this is done before the anesthesia wears off, it may prevent or diminish pain and post anesthesia nausea.
   C. Use local techniques such as Ultrasound, Hands in Motion, Etheric Template Clearing, and Wound Sealing, etc. over the surgical site(s). Can also be followed with Scar Integration Technique, Pain Drain, and/or Lymphatic drain.

V. Surgical Recovery Period
   A. Optimally, schedule weekly sessions with client. Select appropriate full body techniques and specific interventions for symptomatic relief.
   B. If the client has a family member or friend willing to learn supportive techniques, they could provide daily sessions of Chakra Connection until the centers hold for 24 hours, then every other day until the centers hold for 48 hours, then every third day until the centers hold for 72 hours. This will help to make the weekly sessions more effective.
VI. Chemotherapy
   A. Use a Full Body technique prior to chemotherapy treatment so that the client enters the procedure relaxed and balanced.
   B. Use Magnetic Clearing soon after the chemotherapy treatment to clear the field of chemical wastes. This may require a family member to help if the client is receiving frequent chemotherapy treatments.
   C. Weekly balancing between chemotherapy treatments will help your client recover more quickly between sessions. Focus your intention upon rapid, healthy cell production to allow the client to remain on their drug therapy protocol.
   D. Provide symptomatic support (such as for nausea, fatigue, pain) with a full body technique and specific work over the area.

VII. Radiation Therapy
   A. Use a Full Body technique prior to treatment so that the client enters the procedure relaxed and balanced.
   B. Magnetic Clearing and Chakra Connection soon after the procedure to clear and balance the field. This may require a family member to help if the radiation treatments are frequent.
   C. Balance chakras weekly to help with rapid cellular recovery and help prevent symptoms such as skin irritation.

VIII. Biopsy
   A. Use a Full Body technique prior to the procedure so that the client enters the procedure relaxed and balanced.
   B. Utilize Magnetic Clearing soon after the procedure to clear the field. This may require a family member to help if there are frequent biopsies.
   C. Rebalance the field as soon as possible after the procedure.
   D. Use Ultrasound, Hands in Motion, Etheric Template Clearing, and/or Sealing Wound and Scar Integration technique to assist in wound healing.

IX. Mastectomy/Lumpectomy Reconstruction
   A. In addition to general Pre and Post operative care, Hands in Motion or Etheric Template Clearing helps clear the field at drainage sites.
   B. Use local techniques such as Ultrasound, Sealing Wound technique and Hands Still, Scar Integration Technique to seal drain holes after the drains are removed.

X. Auxiliary Node Resection
   A. In addition to general Pre and Post operative care, use Magnetic Clearing soon after the surgery to clear the field of anesthesia waste to help reduce nausea.
   B. Use specific intervention for side effects such as numbness in the area, lymphedema, nerve damage, and pain. Use techniques such as Hands in Motion, Pain Drain, and Etheric Template Clearing, for pain management. Techniques such as Ultrasound and Laser which can assist in repairing nerve damage.
   C. Use Lymphatic Drain to re-establish auxiliary lymph flow.